



PREMIER MEDICAL
ASSOCIATES

Please be reminded that flu season is fast approaching.

As your child's physicians, we recommend the flu vaccine for all children. It is recommended for anyone who is at risk of complications from influenza or more likely to require medical care:

- All children from 6 months up to 5 years of age.
 - Anyone 6 months to 18 years of age on long-term aspirin treatment (they could develop Reye Syndrome if they got influenza).
 - Anyone with long-term health problems with:
 - heart disease - kidney disease
 - lung disease - metabolic disease, such as diabetes
 - asthma - anemia, and other blood disorders
 - Anyone with a weakened immune system due to:
 - HIV/AIDS or other diseases affecting the immune system
 - long-term treatment with drugs such as steroids
 - cancer treatment with x-rays or drugs
 - Anyone with certain muscle or nerve disorders (such as seizure disorders or severe cerebral palsy) that can lead to breathing or swallowing problems.
- Influenza vaccine is also recommended for anyone who lives with or cares for people at high risk for influenza related complications:
- Household contacts and caregivers of children from birth up to 5 years of age.
 - Household contacts and caregivers of people 50 years and older, and those with medical conditions that put them at higher risk for severe complications from influenza.
- A yearly influenza vaccination should be considered for:
- People who provide essential community services.
 - People living in dormitories or under other crowded conditions, to prevent outbreaks.

We have scheduled flu clinics in our Penn Hills office on Saturdays for your convenience. Please call the office now to schedule an appointment for your child.

Sincerely,

The Physicians of Premier Medical Associates Pediatrics

Patient Information

Medical Disclaimer

Premier Medical Associates PC offers the information on this Web site for general educational purposes only. This information should not be used for diagnosis, nor should it be considered a replacement for consultation with a healthcare professional. If you have questions or concerns about your health or the health of your child or dependant, please contact your healthcare provider immediately.